

## Spiritual Formation Schedule Winter - 2022

Thursdays from 8-9pm is an hour designated for Spiritual Formation at the MSM. This semester's schedule can be found below. On certain weeks, you will be divided into assigned cohorts to discuss the reading material that was provided the previous week. All four readings are from the book, *Open and Unafraid: The Psalms as a Guide to Life,* by W. David O. Taylor. Questions are included at the end of each reading which can be used to facilitate discussion/prayer, or discussions may flow organically in a different direction. The intention is to provide time for strengthening connection and encouragement with one another, and to facilitate spiritually formative dialogue and content with the hopes that the roots of faith and love for Christ would be growing ever deeper throughout your time in this program.

lan 13	Formation through Fellowship
lan 20	Small groups - Reading 1 - Sadness
lan 27	Small groups - Reading 2 - Joy
Feb 3	PRAYER & COMPLINE
Feb 10	Formation through Fellowship
Feb 17	Small groups - Reading 4 - Death
Feb 24	Small groups - Reading 3 - Life
Mar 3	PRAYER & COMPLINE
Mar 10	No class

GROUPS: The designated facilitators of each cohort will be responsible for choosing discussion questions, facilitating conversation, and organizing who brings beverages/snacks for your group (if it's desired).